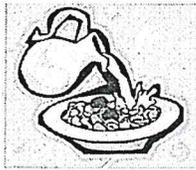
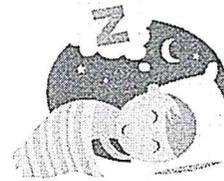
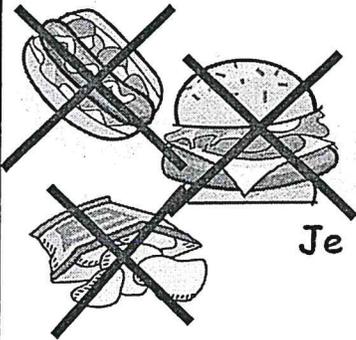


Pour bien travailler, je dois être en santé!

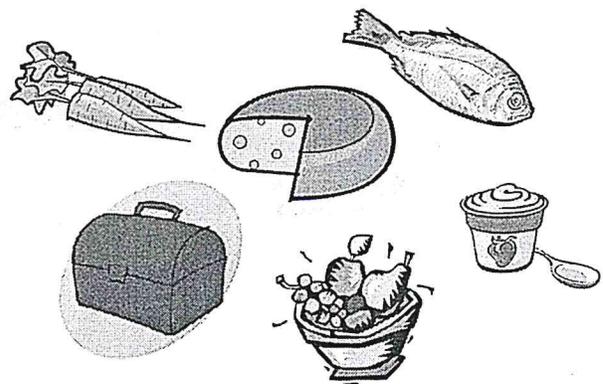
Je dors 10 à 11 heures par nuit



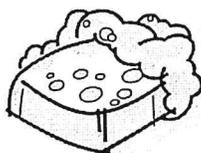
Je déjeune chaque matin



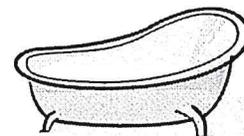
Je mange un bon lunch



Je joue dehors



Je me lave chaque jour



Papa et maman peuvent m'aider....